

1. Identification of the substance/preparation and of the company/undertaking

Identification of the product

Product name: **Spearmint (*Mentha spicata*)**

Manufacturer/supplier identification

Company: Calmer Solutions Limited®
Hadresham
Woolborough Lane
Outwood
Surrey
RH1 5QR.
Telephone: +44 (0)1342 844658
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Emergency Telephone No: Please contact your local NHS 111

2. Composition/information on main ingredients

Main ingredients: Essential oil of spearmint

CAS No USA: 84696-51-5

EC Number: 283-656-2

EINECS No: 8008-79-5

FEMA No: 3032

Concentration: 100%

3. Hazards identification

<i>Main hazards:</i>	None
<i>Health effect - eyes:</i>	May cause conjunctiva irritation and corneal damage
<i>Health effect - skin:</i>	Prolonged contact may cause dermatitis
<i>Health effect - ingestion:</i>	None
<i>Health effect – inhalation:</i>	May cause irritation to the lungs

4. First aid measures

<i>First aid - eyes:</i>	Immediately flood the eye with plenty of water for at least 10 minutes holding eye open. OBTAIN MEDICAL ATTENTION.
<i>First aid - skin:</i>	Wash skin thoroughly with soap and water. Contaminated clothing should be washed before re-use. OBTAIN MEDICAL ATTENTION.
<i>First aid - ingestion:</i>	Immediately wash out mouth with water. Keep warm and at rest. Do not induce vomiting. OBTAIN MEDICAL ATTENTION.
<i>First aid - inhalation:</i>	Remove from exposure. If breathing is difficult give oxygen.
Advice to physicians	- Treat symptomatically

5. Fire fighting measures

<i>Suitable extinguishing media:</i>	Use carbon dioxide, foam or dry powder.
<i>Unsuitable extinguishing media:</i>	Great care should be taken if using a water jet.
<i>Special hazards of product:</i>	This product may give rise to hazardous fumes in fire.
<i>Protective equipment for fire fighting:</i>	If fire severe wear self contained breathing apparatus.

6. Accidental release measures

Personal protection: Wear appropriate protective clothing.

Environmental precautions: Prevent the material from entering drains or water courses. Advise authorities if such spillage does occur.

Spillage: Contain spillage using earth, sand or other inert absorbent material.

7. Handling and storage

Handling: Keep container tightly closed when not in use. Use only in well ventilated area. Avoid contact with eyes, skin and clothing. Emergency showers and eye wash facilities must be readily available.

Storage: Suitable storage is stainless steel, glass and aluminium. Store in a cool, dry, dark place, ideally below 0C.

8. Exposure controls/personal protection

As appropriate to quantity handled

Respirator: Not normally required

Hand protection: PVC or rubber gloves

Body protection: If danger of splashing wear PVC or rubber apron

Eye Protection: Chemical goggles must be worn during handling

Engineering control measures: Engineering methods to prevent or control exposure are preferred. Methods include personnel segregation, mechanical ventilators and control of process conditions.

9. **Physical and chemical properties**

Form: Mobile liquid
Colour: Colourless to pale yellow
Odour: Characteristic of spearmint

Boiling temperature: Above 100°C
Density (kg/m³): 940
Optical Rotation:
Vapour pressure: No data
- Density: No data
Solubility in water: Completely insoluble

Flash point: 65°C
Explosion limits: lower: Not known
upper: Not known
Ignition temperature: Not known

10. **Stability and reactivity**

Stability: Stable under normal conditions

Incompatibility: None known

Hazardous Combustion & Decomposition: Combustible and may give rise to hazardous fumes

11. **Toxicological information**

Acute toxicity: Low Order of Acute Toxicity

12. **Ecological information**

Mobility: No part of this product will dissolve rapidly in water

Bioaccumulation: Product is not expected to bioaccumulate

Exoticity: No data

16. Other information

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Revision No.: 2
Revision Date: Tuesday, 19 August 2014
Date of Print: Wednesday, 17 September 2014

Please ensure that this Safety Data Sheet is passed to the appropriate person(s) in your company, who is (are) capable of acting on the information.